



LAKES DBT CENTER NEW PATIENT PACKET FOR ADULTS

THANK YOU FOR CONTACTING LAKES DBT CENTER!

We look forward to partnering with you on your mental health goals.

The first step in our journey together is for you to complete the attached forms. They will help us better understand your needs and to see if our DBT program is a good option for you:

- LC Adult History Questionnaire
- LDBTC DBT Questionnaire
- LDBTC Personality Inventory (DSM-5 Brief Form)
- LC Primary Care Physician (PCP) Notification
- LC Practice and Financial Agreement

Included, but optional:

- LC Credit / Debit Card / HSA Authorization (COF)
- LC Consent for Release of Information (ROI)

Also be sure to include:

- Scans of your Insurance Card(s) (front and back)
- Scan of your Picture ID

Please email all the documents to forms@lakescenter.com, upload on www.lakescenter.com/forms, or leave a printed copy at the office with any LC staff member.

After we have received all the completed and signed paperwork, we will evaluate the appropriateness of DBT for you. If it is suitable, we will schedule a consultation appointment with one of our clinicians.

Thank you for your cooperation, and we look forward to seeing you at our office soon!

- The Team at Lakes DBT Center
2300 Haggerty Road, Suite 1170, West Bloomfield, MI 48323
phone (248) 859-2457 • fax (248) 859-2473

ADULT HISTORY QUESTIONNAIRE

Please answer as completely as you can, then return this form before your scheduled appointment along with a copy of your **insurance card(s) and picture ID**. Please email to forms@lakescenter.com or upload on our website at www.lakescenter.com/forms

Are you interested in: <input type="checkbox"/> Therapy (LPC) <input type="checkbox"/> Medication Management (LPC) <input type="checkbox"/> SPRAVATO® (LDC) <input type="checkbox"/> DBT (LDBTC)		
Today's Date:	Appt. Date:	Appt. With:
How did you hear about Lakes Center?		Interested in: <input type="checkbox"/> Online <input type="checkbox"/> In Person <input type="checkbox"/> Either

PERSONAL INFORMATION

Patient's Name		Age	Date of Birth
Gender Assigned at Birth		Gender Identity	Pronouns
Sexual Preference <input type="checkbox"/> Straight <input type="checkbox"/> Gay <input type="checkbox"/> Bi-sexual <input type="checkbox"/> Asexual <input type="checkbox"/> Other: <input type="checkbox"/> Prefer Not to Answer			
Address City, State, Zip		Social Security Number (Needed for insurance)	
May we send discrete reminders via email? <input type="checkbox"/> YES <input type="checkbox"/> NO (Check boxes below and right where we can leave messages)		<input type="checkbox"/> Primary Email Address	
<input type="checkbox"/> Home Phone	<input type="checkbox"/> Cell Phone	<input type="checkbox"/> Work Phone	<input type="checkbox"/> Secondary Email Address
Emergency Contact Name		Address	
Relationship	Phone	City, State, Zip	
Marital Status: <input type="checkbox"/> Single <input type="checkbox"/> Married <input type="checkbox"/> Other:			
<input type="checkbox"/> Employed <input type="checkbox"/> Full-time Student <input type="checkbox"/> Part-time Student <input type="checkbox"/> Unemployed <input type="checkbox"/> Other:			
Children: <input type="checkbox"/> YES <input type="checkbox"/> NO If YES, Please List Ages:			
Religion		Ethnicity	

INSURANCE (Check here if None)

Primary Insurance Company	Contract Number	Group Number
Name of Subscriber	Subscriber's Date of Birth	Relationship to Subscriber
Employer	Subscriber's Address (<input type="checkbox"/> Same as Patient)	
Effective Date	Mental Health Insurance (if different)	Prescription Coverage <input type="checkbox"/> YES <input type="checkbox"/> NO
Secondary Insurance Company	Contract Number	Group Number
Name of Subscriber	Subscriber's Date of Birth	Relationship to Subscriber
Employer	Subscriber's Address (<input type="checkbox"/> Same as Patient)	
Effective Date	Mental Health Insurance (if different)	Prescription Coverage <input type="checkbox"/> YES <input type="checkbox"/> NO

PRESENTING PROBLEM

What problem brought you to Lakes Center?			
When did it begin?		Is there a prior history of these episodes? <input type="checkbox"/> YES <input type="checkbox"/> NO If YES, how many?	
Does it Effect:	Relationships <input type="checkbox"/> YES <input type="checkbox"/> NO	Work <input type="checkbox"/> YES <input type="checkbox"/> NO	
	School <input type="checkbox"/> YES <input type="checkbox"/> NO	Leisure <input type="checkbox"/> YES <input type="checkbox"/> NO	
Name three (3) things you would like changed in your current situation:			
1.			
2.			
3.			

MENTAL HEALTH HISTORY

Have you ever had a significant period of time in which you have experienced:			
Serious Depression?		<input type="checkbox"/> YES <input type="checkbox"/> NO If YES, explain:	
Serious Anxiety?		<input type="checkbox"/> YES <input type="checkbox"/> NO If YES, explain:	
See or Hear Things others can't?		<input type="checkbox"/> YES <input type="checkbox"/> NO If YES, explain:	
Trouble Understanding, Concentrating or Remembering?		<input type="checkbox"/> YES <input type="checkbox"/> NO If YES, explain:	
Mood Swings? Irritability? Racing thoughts?		<input type="checkbox"/> YES <input type="checkbox"/> NO If YES, explain:	
Serious thoughts of Suicide?		<input type="checkbox"/> YES <input type="checkbox"/> NO If YES, explain:	
Self-harm (without intent to die)?		<input type="checkbox"/> YES <input type="checkbox"/> NO If YES, what behaviors?	
Have you experienced trauma or abuse? <input type="checkbox"/> Physical <input type="checkbox"/> Emotional <input type="checkbox"/> Sexual <input type="checkbox"/> Other			
Please Explain:			
What treatment(s) have you had in the past for these issues? (Provide medication information on page 3)			
<input type="checkbox"/> Talk Therapy Please Explain:			
<input type="checkbox"/> DBT Please Explain:			
<input type="checkbox"/> Hospitalization / Day Treatment Approx. Year and Reason:			
<input type="checkbox"/> ECT <input type="checkbox"/> TMS <input type="checkbox"/> SPRAVATO® Please Explain:			
Would you like us to obtain copies of your old records? <input type="checkbox"/> YES <input type="checkbox"/> NO			
If YES, please bring the provider's contact information to your appointment and ask to complete a "Release of Information" form.			

SUBSTANCE USE HISTORY (Check here if None)

Indicate the amount and frequency of use of the following:				
	Currently using?	Amounts	Frequency	How Long?
Alcohol	<input type="checkbox"/> YES <input type="checkbox"/> NO			
Nicotine	<input type="checkbox"/> YES <input type="checkbox"/> NO			
Caffeine	<input type="checkbox"/> YES <input type="checkbox"/> NO			
Marijuana	<input type="checkbox"/> YES <input type="checkbox"/> NO			
Illicit Drugs	<input type="checkbox"/> YES <input type="checkbox"/> NO			
Prescription Med. Abuse	<input type="checkbox"/> YES <input type="checkbox"/> NO			
Indicate substance(s) of preference:				
Substance abuse treatment type & dates:				
Was this treatment prompted / ordered by criminal justice system? <input type="checkbox"/> YES <input type="checkbox"/> NO If YES, please explain:				

CURRENT RELATIONSHIPS

Name of Spouse, Children, Others living with you	Relationship	Age	Quality of Relationship	Mental Disorder?
				<input type="checkbox"/> YES <input type="checkbox"/> NO
				<input type="checkbox"/> YES <input type="checkbox"/> NO
				<input type="checkbox"/> YES <input type="checkbox"/> NO
				<input type="checkbox"/> YES <input type="checkbox"/> NO
				<input type="checkbox"/> YES <input type="checkbox"/> NO

If YES, which mental disorders?

Any significant issues with your children as they were growing up?

 Currently?

Who is your support system / provides guidance?

With whom do you spend most of your leisure time with? Family Friends Alone Other:

Favorite activity or hobby?

Never Married Married If so, how long? _____ Separated Widowed Divorced

Living Together If so, how long? _____ Long-term relationship (not living together?) YES NO

Date of present marriage or date you began living with your present partner:

What are your feelings about the above relationship in general?

How is the sexual relationship?

Describe your partner's characteristics as a person:

Previously Married? YES NO If YES, please list length of marriage

If YES, any Conflicts with Ex-spouse? YES NO Children? YES NO

If YES to either, please explain:

CHILDHOOD / FAMILY HISTORY

Names of your Parents and Siblings	Relationship	Age	Quality of Relationship	Mental Disorder?
				<input type="checkbox"/> YES <input type="checkbox"/> NO
				<input type="checkbox"/> YES <input type="checkbox"/> NO
				<input type="checkbox"/> YES <input type="checkbox"/> NO
				<input type="checkbox"/> YES <input type="checkbox"/> NO
				<input type="checkbox"/> YES <input type="checkbox"/> NO
If YES, what type of mental health issues?				
List any other relatives with a history of emotional or mental disorder or suicide (include diagnosis and treatment if known):				
Have any of your relatives ever had a serious problem with drugs or alcohol? <input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> Unknown				
If YES, which relative:			Substance(s):	
If YES, which relative:			Substance(s):	
How was your relationship with your mother / female caregiver growing up?				
Currently?				
How was your relationship with your father / male caregiver growing up?				
Currently?				
How did your parents / caregivers get along with each other while you were growing up?				
Currently?				
How was your relationship with your siblings / other children growing up?				
Currently?				

BIRTH / DEVELOPMENTAL HISTORY

Did your mother use alcohol or drugs during pregnancy?	<input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> Unknown
Did your mother have any problems during pregnancy?	<input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> Unknown
Did your mother have any problems during labor or delivery?	<input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> Unknown
Did you have any problems immediately after birth?	<input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> Unknown
Did you have any developmental delays?	<input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> Unknown
If YES to any, explain:	

EDUCATION

Did you have any specific learning issues in school?	<input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> Unknown
Were You: <input type="checkbox"/> Frequently Absent <input type="checkbox"/> Suspended <input type="checkbox"/> Expelled <input type="checkbox"/> Bullied	
If YES to any, explain:	
Highest level of Education:	Degree:

MILITARY HISTORY (Check here if None)

Have you served in the military? <input type="checkbox"/> YES <input type="checkbox"/> NO If YES, how long?	
Type of Discharge: <input type="checkbox"/> Combat Exposure <input type="checkbox"/> Traumatic Experiences <input type="checkbox"/> Service-connected Disabilities	
Explain:	

EMPLOYMENT

What has been your usual employment pattern in the past 5 years? <input type="checkbox"/> Full-time (35+hrs per week) <input type="checkbox"/> Part-time	
<input type="checkbox"/> Military Service <input type="checkbox"/> Student <input type="checkbox"/> Retired <input type="checkbox"/> Disability <input type="checkbox"/> Unemployment <input type="checkbox"/> Other:	
Current Occupation:	Employer:
How long have you worked at your present job?	Is it <input type="checkbox"/> Full-time <input type="checkbox"/> Part-time
How satisfied are you with your present job?	
Any significant problems in past or present job situations?	
How are your work relationships: With fellow Employees?	
With Supervisors?	With Subordinates?
Are you or have you been on: <input type="checkbox"/> Social Security Disability (SSD) <input type="checkbox"/> Supplemental Security Income (SSI) <input type="checkbox"/> Workers Comp	
How many people depend on your income?	

LEGAL HISTORY (Check here if None)

Any past or present litigation or legal problems? <input type="checkbox"/> YES <input type="checkbox"/> NO If YES, please explain:			
How many times have you been arrested and / or charged with any of the following?			
	Major Driving Violation		Burglary or Robbery
	Driving While Intoxicated		Weapons Offense
	Public Intoxication		Assault
	Disorderly Conduct		Parole / Probation Violation
	Drug Charges		Contempt of Court
	Shoplifting		Domestic Violence
Have you ever been ordered by the court for treatment? <input type="checkbox"/> YES <input type="checkbox"/> NO If YES, please explain:			
Have you ever been? <input type="checkbox"/> Incarcerated <input type="checkbox"/> Arrested <input type="checkbox"/> Community Service <input type="checkbox"/> Treatment Programs <input type="checkbox"/> Probation			
<input type="checkbox"/> Other, please explain:			
Dates of Incarceration		Reason	

MARK AVAILABILITY FOR INDIVIDUAL / GROUP THERAPY:

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning							
Afternoon							
Evening							

Thank you for completing this detailed form. It will be saved in your clinic record and is kept confidential.

Please return via email to forms@lakescenter.com or upload on our website at www.lakescenter.com/forms along with scans of your Insurance Card(s) (front and back) and your picture ID.

Form Completed by: (Print Name)

Date



DBT QUESTIONNAIRE

Is Dialectical Behavioral Therapy (DBT) For You?

Does This Sound Like You? Ask yourself these questions... Below is a list of symptoms and traits that are common to people with a diagnosis of Borderline Personality Disorder.

Please note affirmative answers to the questions do not indicate a fixed conclusion. They may, however, provide you with the realization that there's a possibility you or a loved one may have BPD or its traits. A definitive diagnosis can only be made through an evaluation by a psychiatrist or mental health clinician.

Name: _____ Date: _____

	Please check Yes or No
Have you found it hard to have close friends for very long?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Do you feel like you have fewer friends than those around you?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Have you ever been accused of behaving in ways that are all or nothing with nothing in between?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Have you taken on the values or beliefs of other people, religions, or philosophies, only to regret it later?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Have you experienced intense episodes of sadness, irritability, anxiety, or panic attacks?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Do you have trouble sleeping?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Do you have chronic feelings of emptiness?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Do you have trouble being alone?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Have you experienced intense relationships?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Do you often feel lonely even when you are in a relationship?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Do you consciously or unconsciously fear being abandoned?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Do you seem to require more time with your partner than those you observe around you?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Do social engagements and vacations often end up in turmoil?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Do you feel a strong need for control?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Have you had emotional outbursts that seemed appropriate at the time, but you regretted later?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Have you suffered from intense bouts of anger that last for hours, maybe even a few days?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Are your expressions of anger sometimes followed by shame and guilt?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Have you ever cut someone off and refused to speak to them?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Do you use alcohol or drugs to soothe your emotional pain?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Have you been known to spend too much, eat too much, be sexually promiscuous, or drive too fast?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Has anyone ever accused you of being paranoid?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Have you ever deliberately cut or injured yourself in other ways?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Have you ever experienced so much emotional pain that you felt like you wanted to die?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Have you ever attempted suicide?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Have you previously been diagnosed with borderline personality disorder?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Please note that DBT is a commitment-based therapy and will require weekly 1-hour individual and 2-hour skills group therapy. At this time, are you willing and or able to make this commitment?	<input type="checkbox"/> YES <input type="checkbox"/> NO



PERSONALITY INVENTORY

DSM-5-BRIEF FORM (PID-5-BF) ADULT

Name: _____ Date: _____

Instructions: This is a list of things different people might say about themselves. We are interested in how you would describe yourself. There are no right or wrong answers, so you can describe yourself as honestly as possible. We will keep your responses confidential. We'd like you to take your time and read each statement carefully, selecting the response that best describes you.

		0 Very False or Often False	1 Sometimes or Somewhat False	2 Sometimes or Somewhat True	3 Very True or Often True	Item Score (Clinician)
1	People would describe me as reckless.					
2	I feel like I act totally on impulse.					
3	Even though I know better, I can't stop making rash decisions.					
4	I often feel like nothing I do really matters.					
5	Others see me as irresponsible.					
6	I'm not good at planning ahead.					
7	My thoughts often don't make sense to others.					
8	I worry about almost everything.					
9	I get emotional easily, often for very little reason.					
10	I fear being alone in life more than anything else.					
11	I get stuck on one way of doing things, even when it's clear it won't work.					
12	I have seen things that weren't really there.					
13	I steer clear of romantic relationships.					
14	I'm not interested in making friends.					
15	I get irritated easily by all sorts of things.					
16	I don't like to get too close to people.					
17	It's no big deal if I hurt other peoples' feelings.					
18	I rarely get enthusiastic about anything.					
19	I crave attention.					
20	I often have to deal with people who are less important than me.					
21	I often have thoughts that make sense to me but that other people say are strange.					
22	I use people to get what I want.					
	I often "zone out" and then suddenly come to and realize that a lot of time has passed.					
24	Things around me often feel unreal, or more real than usual.					
25	It is easy for me to take advantage of others.					
Sub-Total						
Total/Partial Raw Score:						
Prorated Total Score: (if 1-6 items left unanswered)						
Average Total Score:						

Adapted from: Krueger RF, Derringer J, Markon KE, Watson D, Skodol AE. Copyright © 2013 American Psychiatric Association. All Rights Reserved. Their material can be reproduced without permission by researchers and by clinicians for use with their patients.



PRIMARY CARE PHYSICIAN (PCP) NOTIFICATION

THIS IS NOT A REQUEST FOR MEDICAL RECORDS

Attention Primary Care Provider:	OFFICE USE ONLY
Your patient is being seen at: Lakes Center, 2300 Haggerty Road, Suite 2160, West Bloomfield, MI 48323, Phone 248-859-2457, Fax 248-859-2473. With patient authorization, we herein provide diagnoses and medications, including medication changes. Please retain for your records.	
Patient Name: _____ DSM Diagnoses (including codes): _____	
Treatment Information, including Medications: _____	
Therapist/Psychiatrist Signature	Print Name and Credentials

Attention Patient:

If you would like us to notify your primary care doctor that you are receiving services here, please provide the complete name, phone number and fax number of your Primary Care Physician.

Primary Care Physician or Clinic Name: _____

Phone: _____ Fax: _____

Please read and complete the following:

I (name) _____ DOB: _____ authorize Lakes Center to exchange information regarding my mental health, substance abuse, or medical health for the purposes of continuity of care, as may be necessary for the administration and provision of my health care coverage. Information exchanged may include information on my mental health or substance abuse treatment as protected under 42 CFR Part 2 (respecting substance abuse records) and/or state laws respecting confidentiality of records and patient communications with health care provider, and in compliance with HIPAA regulations. I understand that this authorization shall remain in effect for 1 year or throughout the course of this treatment, whichever is longer. I understand that I may revoke this authorization at any time by written notice to Lake Center. I also understand that it is my responsibility to notify my behavioral health care provider if I chose to change my primary care physician.

If you **do not** want to authorize us to notify your primary care physician, please complete the section below:

- _____ I don't have a primary care/family doctor.
- _____ I don't want my primary care/family doctor to know I'm receiving services.
- _____ I just don't want to.

Patient/Legal Guardian Signature

Date



PRACTICE AND FINANCIAL AGREEMENT

The following pages provide important information about our practice. Please review and then remove the last two pages from the packet and keep for your future reference.

By initialing below, you acknowledge that you:

- _____ Have been made aware of your rights and responsibilities as a client.
- _____ Have been informed of practice specific information and given an orientation to services.
- _____ Are aware of Lakes Center Mental Health Network (Lakes Center or LC-MHN) privacy practices and know you can ask for a detailed description.
- _____ Understand confidentiality and the limits of it as it pertains to adults and minors.
- _____ Have reviewed and understand the Lakes Center financial agreement and how to contact the billing department with questions or issues.
- _____ Give permission to bill your insurance and agree to pay out of pocket costs (toward deductibles, copays, coinsurance fees, previous missed appointment fees, or additional service fees as listed in the agreement) at the time of the appointment.

My signature below indicates my understanding of the above policies and I consent to treatment at Lakes Center. I understand I can ask for further information and retain the ability to terminate my consent at any time.

Print Patient Name

Patient/Legal Guardian Signature

Date

PRACTICE ORIENTATION AND AGREEMENT

Your Rights and Responsibilities as a Client:

- You have the right to receive services from clinicians who adhere to the professional code of ethics of their respective disciplines.
- You have the right to receive services in accordance with Federal and State regulations and accreditation standards governing behavioral health programs.
- You have the right to privacy and confidentiality regarding the services you receive. All information about you and your treatment, whether written or oral, is protected under Federal and State laws, including the HIPAA Privacy Act. Information may be disclosed for various reasons including: to provide treatment, for payment purposes, health care operations, appointments, as required by law, public health, descendants, health and safety, and workmans' compensation. (Detailed description provided upon request)
- You have the responsibility to provide informed consent to services offered to you.
- You have the responsibility to follow our Financial Agreement. (Detailed on the following page)

Services Offered:

Lakes Center offers an array of mental health and substance abuse services. These services include: individual psychotherapy, DBT, family therapy, marital therapy, psychiatric evaluations, and medication therapy. We also provide an esketamine-based treatment. Appointments may be in-office or online. Your clinician will provide you with a detailed description of the nature of services, expected benefits, and potential risks.

Operations:

Appointments may be individually arranged from 8:00 am and 10:00 pm, 7 days a week. Not all clinicians are available during all hours. Office staff hours depend on the day and volume of patients. Please call the office to verify hours for that day. Appointment dates, times, and after-hours contact will be arranged between you and your treating clinician. **In case of an emergency, call 911 for help, call the 988 suicide hotline, or you may visit your local emergency room. You can also contact the nearest crisis center (Oakland County Crisis Line at 800-231-1127).** We practice in a non-smoking environment. Illicit drugs and weapons are not allowed on the premises. Persons in possession of either will be asked to leave immediately.

Minors and Parents:

If you are under 18 years of age (and are not emancipated), or a parent, you should be aware that the law may allow parents to examine their child's treatment records. You should also be aware that clients over age 14 can consent to (and control access to information about) their own mental health treatment (although that treatment cannot extend beyond 12 sessions or 4 months). Lakes Center's policy is to request (but not require) an agreement from any client between ages 14 and 18 and their parents ("Adolescent Informed Consent" form), allowing clinicians to share general information with parents about attendance at scheduled sessions and progress in treatment.

FINANCIAL AGREEMENT

Standard fees for services are available upon request. By signing the Practice and Financial Agreement Form (the first page of this packet), you indicate that you understand that these are the charges established for services by Lakes Center and these charges will be submitted to your insurance company. You also agree that you understand that if you fail to sign the Practice and Financial Agreement Form your insurance company will not be billed for your services, and you will have to pay direct out of pocket fees set by Lakes Center. Lakes Center will check your insurance coverage as a courtesy. When we call, we are always told that the information given by the insurance company is not a guarantee of benefits or payment, and the information provided may not be current. **Ultimately, it is your responsibility to understand your individual coverage. Therefore, we strongly encourage you to check with your insurance company prior to any services.**

The billing staff will charge you according to the information quoted to us by your insurance company on the date of service. When we receive payment, if your insurance company has determined you owe additional charges, as required by law, you will be billed. If we determine you have overpaid, we will offer different options for a refund.

Please keep in mind all payments are due at the time of service. **Balances must be kept below \$200 to continue treatment or receive refills on medications.** Any paperwork, samples, or medication pick up from our office require balances to be paid when receiving them. For prior authorizations, refills, or the provision of medical records there may be a fee charged to your account for \$10-\$50 depending on complexity. For any requested letters, form completions, and phone consultations which require your prescriber or therapist to spend additional time outside of your appointment you may be charged up to \$150 an hour. You may pay over the phone with a credit card, with a check to LPCC or with cash.

In order to continue services, please make sure your account is below our office policy standard of \$200 or you have an active payment plan set up with the billing department. Lakes Center does not mail statements out regularly. When we do delinquent account mailings, roughly every three months, we will send a bill to your house/email. If you need a bill before that time for any reason, you must contact the billing department and request a bill to be sent to you. If you need to set up a payment plan, **please contact our Billing Department at (248) 313-9550.**

If you are doing online appointments, a credit card must be kept on file for online appointments and phone appointments. You must fill out a Credit/Debit/HSA/Authorization Form so that the payment may be made at the time of service. It is your responsibility to inform the staff member or clinician to charge your card on each visit.

Keep in mind that all appointments need to be cancelled with a 24-hour business day notice in order to not be subjected to a missed appointment fee, which can be up to \$150. Please contact your individual provider for more information about missed appointment fees as each have their own rates and decide if cancellation fees are charged or waived. Payment of missed or late cancelled appointments are to be paid before your next service with Lakes Center or treatment and medication refills may be suspended.

Please remove these last 2 pages and keep for future reference.



OPTIONAL FORMS

The following forms are not mandatory. You can complete them now, or you can do so at a later date if they are needed.



CREDIT/DEBIT/HSA AUTHORIZATION

FOR USE AS A CARD ON FILE (COF)

I authorize Lakes Center Mental Health Network to keep my card information on file and to use it automatically to keep my balance current. This includes paying for deductibles, copays, and missed appointments fees. The amounts owed are based on my insurance plan. I will refer to my EOB's (Explanation of Benefits) from my insurance to verify what I owe. A receipt/notification will not be provided unless requested.

Patient Name

Name on Card (if different)

Card Number

Expiration

Zip Code

CVV Code (3-digit or 4-digit for Amex)

Signature of Authorized User

COF Agreement Signing Date

This is the easiest and most efficient way to maintain your balance in order to continue treatment at the office. Treatment will be suspended if your balance is over \$200, and an approved payment plan is not in place. You can also pay by credit card over the phone, by check made out to LPCC, cash at the office, or on our website at www.lakescenter.com/payments.

If this form is not filled out online, please email scanned or filled out pdf to forms@lakescenter.com, upload on www.lakescenter.com/forms, or leave a printed copy at the office with any LC staff member.

CONSENT FOR RELEASE OF CONFIDENTIAL INFORMATION

Patient Name: _____ Birth Date: _____

Other Names Used in Treatment: _____

I authorize the disclosure of records about me (or my minor child) between:

Lakes Center
Attention:
2300 Haggerty Rd, Suite 2160
West Bloomfield, MI 48323
Phone: 248-859-2457
Fax: 248-859-2473

AND

Physician / Organization:
Attention:
Address:
City, State, Zip:
Phone:
Fax:

Information may include any of the following:

Alcohol or drug abuse, or mental health treatment as defined by the Michigan Department of Public Health Code 1989, No. 174. This includes venereal disease, tuberculosis, HIV, AIDS, and hepatitis.

Specific type of information to be disclosed: (Check all that apply to person/organization listed above)

- | | | | |
|--|--|---|---|
| <input type="checkbox"/> Identifying Information | <input type="checkbox"/> Emergency Contact | <input type="checkbox"/> Progress Notes | <input type="checkbox"/> Thank You Letter |
| <input type="checkbox"/> Appointment Information | <input type="checkbox"/> Financial/Insurance Information | <input type="checkbox"/> Progress Report | <input type="checkbox"/> Treatment Plans |
| <input type="checkbox"/> Assessment | <input type="checkbox"/> Lab Results | <input type="checkbox"/> Psychiatric Evaluation | <input type="checkbox"/> Urine Drug Screens |
| <input type="checkbox"/> Dates and/or Completion of Tx | <input type="checkbox"/> Physical Examination | <input type="checkbox"/> Psychiatric Med. Reviews | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Discharge Summary | | <input type="checkbox"/> Psychological Testing | _____ |

Purpose and need for such disclosure: (Check all that apply to person/organization listed above)

- | | | | |
|--|---|---|---|
| <input type="checkbox"/> After Care Planning | <input type="checkbox"/> Educational Planning/Placement | <input type="checkbox"/> Payment | <input type="checkbox"/> Social Security Benefits |
| <input type="checkbox"/> Assessment of Patient | <input type="checkbox"/> Employer Request/Job Stability | <input type="checkbox"/> Pre-Employment Screening | <input type="checkbox"/> Treatment Planning |
| <input type="checkbox"/> Continuity Care | <input type="checkbox"/> Family Involvement | <input type="checkbox"/> Referral for Services | <input type="checkbox"/> Workers' Comp. Benefits |
| <input type="checkbox"/> Disability Benefits | <input type="checkbox"/> Insurance Benefits | <input type="checkbox"/> Other: _____ | _____ |
| <input type="checkbox"/> Driver's License Appeal | <input type="checkbox"/> Legal Services/Compliance | | |

Revocation of Authorization

This Authorization may be revoked by me at any time by my written notice to the named individual or organization (listed above), except to the extent that the person or organization which is to make the disclosure has already taken action in reliance upon it.

Without expressed revocation, this consent expires for the following reason(s), whichever is later (Check one box):

- Date: (One year from discharge unless otherwise specified) _____
- Event: _____
- Condition: Once information is disclosed, no further information can be disclosed pursuant to this consent.

Redisclosure: While Lakes Center does not condone the redisclosure of information to another party, there is the possibility that information released to another could be redisclosed without further consent.

Patient Signature Date

Parent / Legal Guardian Signature Date